



Grade 5 Camp 2024

Lake Dewar, Garrards Rd,
Myrniong, Vic, 3341

12th-14th August
14th - 16th August

Purpose and Expectations

- Develop independence
- Outdoor experiences
- Foster existing friendships
- Develop skills for initiating and building new friendships
- Interpersonal skills
- Safe risk taking with the support of friends and staff
- A willingness to take part with enthusiasm
- Not mandatory but encouraged

Dates for
each
Homeroom

Monday 12th of August - Wednesday 14th of August

Homeroom 40 Homeroom 41, Homeroom 46 and
Homeroom 47



Wednesday 14th of August – Friday 16th of August

Homeroom 42, Homeroom 43, Homeroom 44 and
Homeroom 45



Supervision

- **School Staff (including a First Aid Officer)**
- **Teaching staff as well as at least one member from the SIT Team**
- **Fully trained YMCA Staff**
- **Parent Volunteers are welcomed, more information to come.**

Food

- All dietary requirements will be catered for. **Please clearly specify any requirements clearly on the medical form.**

Halal & Cultural dietary requirements are also catered for - please specify this on the medical form.

- The kitchen is a nut free environment, although *traces* of nuts may be present.
- Students are required to participate in duty groups before and after each meal.
- Groups are assisted by kitchen staff and supervised by school staff.

SCHOOL CAMP AND EXCURSION

VICTORIAN SCHOOLS

ASTHMA UPDATE FORM

Student's name: _____ DOB: _____ Confirmed triggers: _____ _____ _____	<p style="font-size: x-small;">Has the student been hospitalised due to asthma, had an acute asthma attack or worsening asthma in the last two weeks? <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p style="font-size: x-small;">Has the student's asthma medications changed in the last two weeks? <input type="checkbox"/> Y <input type="checkbox"/> N</p> <p style="font-size: x-small;">Is the student well enough to attend camp/excursion? <input type="checkbox"/> Y <input type="checkbox"/> N</p>
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This form is to be completed by parents/carers of students with asthma prior to an excursion or camp. The form is to be attached to a copy of the student's Asthma Action Plan and brought with students to the camp or excursion. Please provide as much detail as possible.

OTHER MEDICAL CONDITIONS

Has the student had any other illness in the last two weeks? Y N
If YES, please provide details:

Nature of illness? _____ When? _____
 Severity? _____ Has this affected their asthma? Y N

ALLERGIC RHINITIS (HAY FEVER)

Does the student hay fever? Y N Does the student have an action plan for hay fever? Y N

Confirmed Triggers for hay fever	Medication	Device	Dose	When
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

ADDITIONAL ASTHMA MEDICATION REQUIREMENTS

1. Medication	Device	Dose	When
_____	_____	_____	_____
Instructions for use _____			
2. Medication	Device	Dose	When
_____	_____	_____	_____
Instructions for use _____			

Doctor's Name: _____	Emergency Contact: _____	Additional information: _____
Phone: _____	Phone: _____	_____
Address: _____	Has information provided on this plan to your school/centre: _____	Signed: _____
_____	Date: _____	_____

For asthma information and support or to speak with an Asthma Educator call 1800 ASTHMA (1800 278 462) or visit asthma.org.au

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ASTHMA AUSTRALIA

Medical

- There will be a First Aid officer from KCPS at camp, alongside YMCA staff.
- A medical form will be provided for anyone who will need medication administered throughout camp. - **If your child has medication they may need, please also fill in a medical form.**
- Any students with **Asthma** will be required to fill out an additional form. This will be sent home.

What to Bring

- Suggested Packing List will be sent home and on compass event.
- **THIS IS AN OUTDOOR CAMP** – appropriate clothing for weather and purpose, No singlets, thongs for outdoors etc.
- Longer shorts to protect from harness
- **Please be mindful of the colder climates and pack accordingly (jackets, beanies, extra socks etc)**
- **Please be mindful to bring clothes that can get dirty- nothing too special.**
- **Students will need to bring morning tea and lunch for the first day**
- A willingness to explore and a positive attitude!

What not to
Bring

- Electronics including any gaming platform, mobile phones, iPads or iPods and smart watches.
- Cameras
- Make up
- Food including lollies, chips, chocolates etc.





Activities



Some of the activities may include:

- Archery
- Kayaking
- Geocaching
- Survivor Challenge
- Adventure Tunnelling/Low Ropes
- Kick Biking
- Dual Flying Fox
- Amazing Race

Wet Weather

- YMCA staff along with KCPS staff will decide to cease outdoor activities depending on the extent of the weather conditions.
- In the case of lightning, all outdoor activities will cease immediately.
- YMCA has indoor activity rooms available
- All water-based activities are weather dependant and may need to be cancelled if conditions are not deemed suitable. Back up activities on the campsite will be provided as an alternative program.

Sleeping Arrangements

Lakeview apartments

- The two apartments feature:
- 11 bedrooms that sleep up to 10 people each
- Rooms with individual en-suite facilities

Conference centre

- Fully equipped Conference Centre accommodation block offers a comfortable environment and a beautiful view of Lake Dewar Lodge
- The accommodation block has an adjoining auditorium, a dining room and can sleep up to 42 people in comfortable bunk-bed lodgings.

The Lodge

- Three comfortable bedrooms

Bunk beds: Australian Standards for bunk beds include the guidelines that sleep walkers and bed wetters must not use top bunks.

- **Please notify your child's teacher if this applies to your child**

Communication

- If there is a need for any parent to be called, we will immediately call the school who will in turn call any relevant parents or nominated emergency contacts
- Any parents who need to contact the camp should call the school, who will call staff at the camp.
- A YMCA staff member lives onsite and will be contactable after hours in the case of an emergency.
- Staff will carry mobile phones at all times
- Students will **not** require mobile phones. If these are taken to camp they will be held onto by staff until students return to school
- To ensure all students have the greatest opportunity to participate effectively in the program the Student Code of Conduct (available on the school's website) will apply at all times. Any child not complying with the Code of Conduct will be returned to school and the cost of the camp forfeited.

Payment

- The camp will cost approximately \$350. (This may vary depending on final numbers.)
- \$80 deposit is required to secure your child's place. This will be due on Compass 4th July Balance due 1st of August.
- This is the final date cut off for camp attendance.
- Use of CSEF money can be arranged through the front office. In case of financial hardship, please contact the front office.
- No refunds will be offered if you:
 - change your mind about camp attendance
 - your child is sent home from camp due to misconduct
 - activities are missed due to wet weather.
- If you have any concerns about payments please let the office staff know.
- Camp is a great opportunity which we encourage all children to participate in.